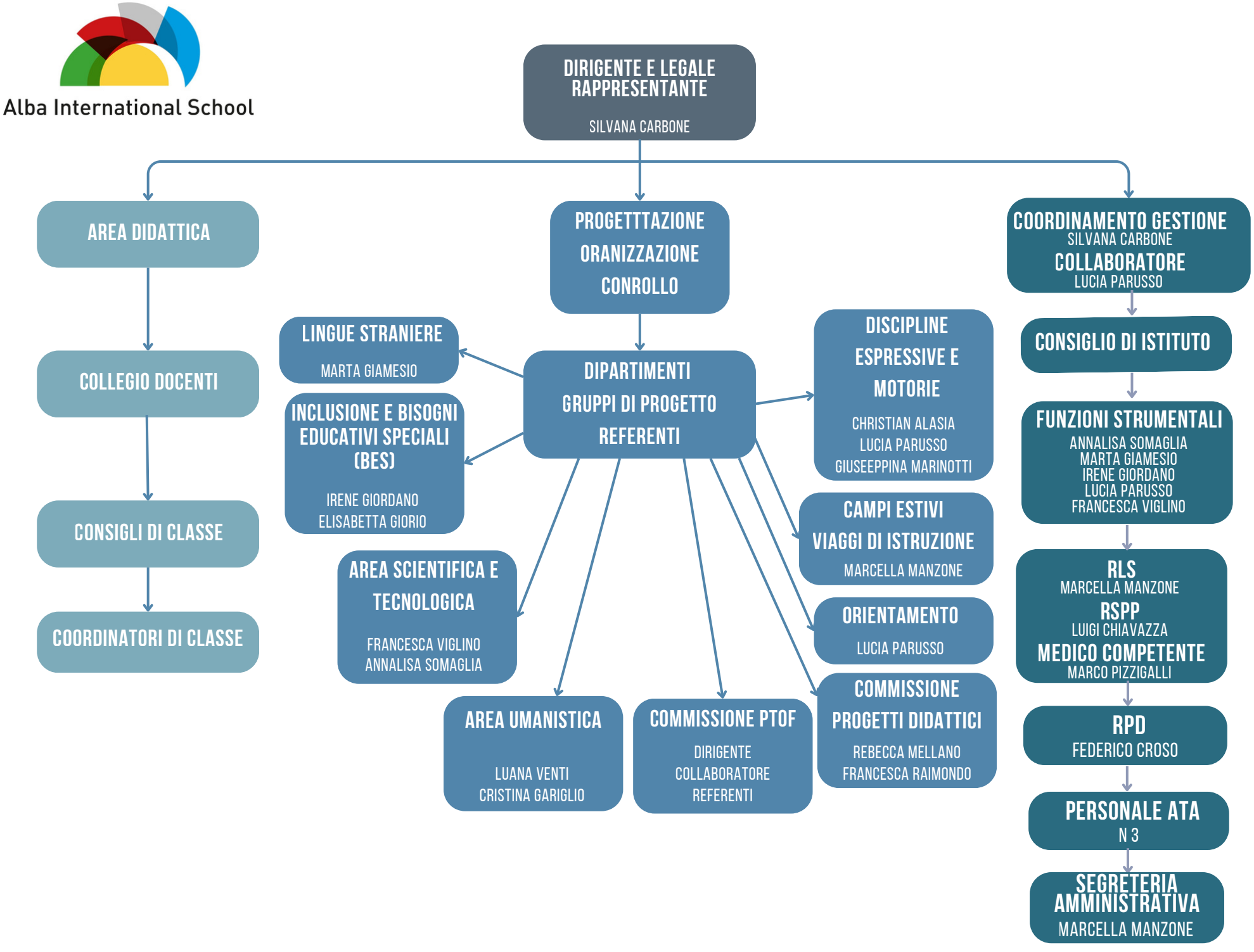Alba International School